

ALBERTA MEN'S HOCKEY LEAGUE

RULE CHANGES – SUMMARY

Effective May 2011

Contact Information

Contact information for [AMHL Discipline committee](#) added.

Rule 2-1 Registration

Roster changes may be made up until the player registration deadline - October 29 for the Winter season or **May 31st** for the Summer season. *This has been changed from June 15th since the summer season now starts earlier than in previous years.*

b) Players will be allowed to register with more than one team, providing the two teams are in different divisions. Full time Division 1 and 2 players will not be allowed to register lower than Division 5 as a full time or part time player and **the league reserves the right at any time to limit the number of higher division players playing on lower division teams.** *This will be done to prevent a team from having an unfair advantage over other teams in the division.*

Rule 2-6 Insurance

Anyone interested in obtaining individual or team insurance is advised to seek such coverage from authorized insurance companies. The League is NOT responsible for player insurance. *This was previously in season information packages but was not included in the rulebook.*

Rule 4-8 Tie Games

Any penalized player who has not served his entire penalty prior to the start of the shootout will not be eligible to participate in the shootout. This does not apply to players serving team penalties or serving a penalty on behalf of another player on the team. *Although this has been the standard practice, it was not previously included in the rulebook. The same will apply during the playoffs – see below.*

Rule 5-1 Point Calculation

For teams moving from one division to another (up or down), a point adjustment is made to approximate where the team would have ranked, had the team been in that division for the entire season. The point totals are adjusted to the mid-point mark of the division at the time of the divisional move. This gives the team the opportunity to qualify for playoffs based on the team's performance in the new division. *Paragraph added for clarification.*

Section 6 - Penalties

Complete index of penalties in section listed in Rule 6-1.

Rule 6-4 Major Penalties (not including Fighting)

Clarification added to rule heading as consequences for fighting are different than other major penalties.

Rule 8-2 Suspension Policy

g) **Any suspended player may not play on any other league teams until he has served his full suspension with the team he was playing for when he was suspended. This includes any suspensions carried over from previous seasons. The only exception will be a 3-penalty game ejection for players under special conditions on multiple teams (see 8-3 below).**

Rule 8-3 Definitions

SPECIAL CONDITIONS: Any player or team subject to special conditions will face increased discipline. A three penalty ejection will result in an additional single game suspension, and any suspensions and fines are doubled. **Players subject to special conditions who play on multiple teams and receive a 3-penalty ejection will only be assessed a single game suspension with the team they were playing for when the 3-penalty ejection was received.**

Rule 9-1 Playoffs

a) Number of teams advancing to playoffs (**approximately 2/3 of all league teams**). *Regardless of the number of teams in each division, each team will have the same chance of qualifying for playoffs.*

ii. Three or more Teams Tied

If season play among teams is balanced, **or a clear advantage can be determined in head-to-head play**, then their head to head records will be used.

c) Ties in Playoff Games

During the overtime period, if one team is already playing with only 3 players on the ice as a result of penalties, and that team is assessed another penalty which would otherwise need to be served as a delayed penalty, a penalty shot will be assessed instead. The clock will be stopped while the penalty shot is taken. *With teams playing 4 on 4 during overtime, only one player can be sent off the ice without a replacement, and depending on the time of the penalty, the non-penalized team may or may not otherwise gain any advantage due to a second penalty assessment against their opponent.*

a) If still tied, the game will be decided by a Shootout. Five players will be chosen from each team and **the home team will decide who shoots first**. One at a time, players will skate in from centre ice for a shot, alternating between the two teams. *A coin toss will no longer be used to determine who shoots first.*

c) **Any penalized player who has not served his entire penalty prior to the start of the shootout will not be eligible to participate in the shootout. This does not apply to players serving team penalties or serving a penalty on behalf of another player on the team.** *Although this has been the standard practice, it was not previously included in the rulebook.*

h) **Playoff Eligibility** – *added to section*

i) **Replacement Goaltenders in Playoffs** - *added to section*