



HOCKEY CANADA

Novice Skills Evaluation Phase 1

All skills in the Initiation skill list, plus the following:

NOVICE Evaluation Item 1=weak, 10=strong	Player														
	Name 1	Name 2	Name 3	Name 4	Name 5	Name 6	Name 7	Name 8	Name 9	Name 10	Name 11	Name 12	Name 13	Name 14	Name 15
	1 R	2 R	3 R	4 R	5 R	6 R	7 R	8 R	9 R	10 R	11 R	12 R	13 R	14 R	15 R
Balance and Agility															
1. Gliding - one foot - toe on puck	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
2. Shoot the duck - forward and backward															
3. Lateral crossovers - over stick	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Edge Control															
4. One leg weaving - forward	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Forward Skating and Striding															
5. Slalom - c-cuts narrow	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
6. C-cuts - alternate crossunders	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
7. C-cuts - heel only															
8. Stride and bend	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
9. Jump stride	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Backward Skating															
10. Slalom - c-cuts narrow	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
11. Jump stride - backward	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Stationary Puck Control															
12. Figure 8's - two handed	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Turning and Crossovers															
13. Crossovers - backward - reaching	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
14. C-cuts - around circle - crossunders	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
15. Heel to Heel - glide	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Moving Puck Control															
16. Side / front / side	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
17. Heel to Heel - skates	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
18. Edge control - one leg	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
19. Figure 8's - transition	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Moving Passing and Receiving															
20. Moving bank pass - forehand	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
21. Moving bank pass - backhand	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
22. Pairs passing	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
AVERAGE SCORE															
AVERAGE RANK															
OVERALL RANK															



Team Name: _____ Date of Evaluation: _____ Evaluated By: _____
 Age Division: _____ Coach: _____ Signature: _____

NOTE: EVALUATE PLAYERS AGAINST PLAYERS ON OWN TEAM